



St. Raphael the Archangel Elementary Lunch Menu

November
2021

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Chicken Bites with Sweet and Sour Sauce Brown Rice</p> <p>WG Chips, Salsa & Cheese Cubes</p> <p>Steamed Carrots</p>	<p>2</p> <p>Cheeseburger on Bun</p> <p>Turkey BLT Salad</p> <p>Golden French Fries</p>	<p>3</p> <p>Ham & Tater Tot Breakfast Bake Cinnamon Roll</p> <p>Yogurt Pak with Bagel</p> <p>Green Beans</p>	<p>4</p> <p>Cheesy Italian Flatbread</p> <p>Turkey Cranberry Wrap</p> <p>Roasted Cauliflower</p>	<p>5</p> <p>Chicken and Cheese Quesadilla</p> <p>Turkey Deli Sandwich</p> <p>Refried Beans Homemade Chocolate Chip Cookie</p>
<p>8</p> <p>Salisbury Steak Sandwich Kettle Potato Chips</p> <p>Cravin Craisin Salad</p> <p>Baked Beans Mini Rice Krispie Treat</p>	<p>9</p> <p>Roast Pork & Gravy Whole Grain Dinner Roll</p> <p>Chicken Banh Mi Sandwich</p> <p>Garlic Rosemary Potatoes</p>	<p>10</p> <p>Italian Pasta Bake Rip Stick Breadstick</p> <p>Turkey & Cheese Flatbread Munchable</p> <p>Garlic & Herb Broccoli</p>	<p>11</p> <p>Soft Beef Tacos Lettuce, Tomato and Cheese</p> <p>Ham Deli Sub Sandwich</p> <p>Mexican Corn</p>	<p>12</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>Honey Mustard Ham Wrap</p> <p>Roasted Cauliflower</p>
<p>15</p> <p>Cheese Bread Marinara Sauce</p> <p>Crispy Chicken Wrap</p> <p>Green Beans</p>	<p>16 HOM Wild Rice</p> <p>Chicken Wild Rice Soup with Garlic Toast Garlic Toast</p> <p>Ham Deli Sub Sandwich</p> <p>Steamed Peas Homemade Brownie</p>	<p>17</p> <p>Spicy Chicken Patty on Bun</p> <p>Yogurt Pak with Pretzel Bites</p> <p>Potato Wedges</p>	<p>18</p> <p>Parmesan Chicken Bites Garlic Toast</p> <p>Pizza Munchable</p> <p>Green Beans</p>	<p>19</p> <p>Crispy Chicken Nuggets Rip Stick Breadstick</p> <p>Turkey Cranberry Wrap</p> <p>Glazed Carrots</p>
<p>22</p> <p>Ham and Cheese Calzone</p> <p>Turkey BLT Wrap</p> <p>Golden French Fries</p>	<p>23 Thanksgiving Feast</p> <p>Roast Turkey & Gravy</p> <p>Cowboy BBQ Crispy Chicken Munchable</p> <p>Bread Stuffing Cranberries Green Beans Mashed Potatoes Homemade Chocolate Chip</p>	<p>24 Thanksgiving Break</p>	<p>25 Thanksgiving Break</p>	<p>26 Thanksgiving Break</p>
<p>29</p> <p>Italian Meatball Sub</p> <p>Hot Turkey Ham & Cheese Sandwich</p> <p>Roasted Broccoli</p>	<p>30</p> <p>Sloppy Joe on a Bun</p> <p>Buffalo Chicken Salad</p> <p>Steamed Peas</p>			<p>This is for Food 4 Thought</p>

PRICES

\$1.00	\$1.00
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EXTRA INFO

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HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®

