

# St. Raphael the Archangel 6th - 8th Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on  
the Fruit  
& Vegetable Bar

November  
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Cheese Pizza Pepperoni Pizza  Chicken Bites with Sweet and Sour Sauce Brown Rice  WG Chips, Salsa & Cheese Cubes Steamed Carrots	<b>2</b> Crispy Chicken Sandwich  Cheeseburger on Bun  Turkey BLT Salad  Golden French Fries	<b>3</b> Cheese Pizza Breakfast Pizza  Ham & Tater Tot Breakfast Bake Cinnamon Roll  Yogurt Pak with Bagel  Green Beans	<b>4</b> Chicken Alfredo w/Pasta  Cheesy Italian Flatbread  Turkey Cranberry Wrap  Roasted Cauliflower	<b>5</b> Cheese Pizza BBQ Chicken Pizza  Chicken and Cheese Quesadilla  Turkey Deli Sandwich  Refried Beans Homemade Chocolate Chip
<b>8</b> Cheese Pizza Sausage Pizza  Salisbury Steak Sandwich Kettle Potato Chips  Cravin Craisin Salad  Baked Beans Mini Rice Krispie Treat	<b>9</b> Double Cheeseburger  Roast Pork & Gravy Whole Grain Dinner Roll  Chicken Banh Mi Sandwich  Garlic Rosemary Fingerling Potatoes	<b>10</b> Cheese Pizza Buffalo Chicken Pizza  Italian Pasta Bake Rip Stick Breadstick  Turkey & Cheese Flatbread Munchable  Garlic & Herb Broccoli	<b>11</b> Pasta with Meatballs & Sauce  Soft Beef Tacos Lettuce, Tomato and Cheese  Ham Deli Sub Sandwich  Mexican Corn	<b>12</b> Cheese Pizza  Pepperoni Pizza  Honey Mustard Ham Wrap  Roasted Cauliflower
<b>15</b> Cheese Pizza Chicken Alfredo Pizza  Cheese Bread Marinara Sauce  Crispy Chicken Wrap  Green Beans	<b>16</b> Southern Chicken Biscuit Pickle Slice  Chicken Wild Rice Soup with Garlic Toast Garlic Toast  Ham Deli Sub Sandwich  Steamed Peas	<b>17</b> Cheese Pizza Sausage Pizza  Spicy Chicken Patty on Bun  Yogurt Pak with Pretzel Bites  Potato Wedges	<b>18</b> Penne Matriciana  Parmesan Chicken Bites Garlic Toast  Pizza Munchable  Green Beans	<b>19</b> Cheese Pizza BBQ Chicken Pizza  Crispy Chicken Nuggets Rip Stick Breadstick  Turkey Cranberry Wrap  Glazed Carrots
<b>22</b> Cheese Pizza Pepperoni Pizza  Ham and Cheese Calzone  Turkey BLT Wrap  Golden French Fries	<b>23 Thanksgiving Feast</b> Corn Dog  Roast Turkey & Gravy  Cowboy BBQ Crispy Chicken Munchable  Bread Stuffing Cranberries Green Beans	<b>24 Thanksgiving Break</b>	<b>25 Thanksgiving</b>	<b>26 Thanksgiving Break</b>
<b>29</b> Cheese Pizza Buffalo Chicken Pizza  Italian Meatball Sub  Hot Turkey Ham & Cheese Sandwich  Roasted Broccoli	<b>30</b> Spicy Chicken Patty on Bun Golden French Fries  Sloppy Joe on a Bun  Buffalo Chicken Salad  Steamed Peas			

**INFORMATION**

Elementary	\$3.75
Middle School	\$4.25
Adult	\$4.25
Extra Entree	\$2.50
Milk/Bottled Water	\$0.50

**EXTRA INFO**

Milk choice of 1% White or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions or comments, contact Chef Steve Roerhig at [taher@srparish.org](mailto:taher@srparish.org)

**HARVEST OF**



**THE MONTH**

All the menu information on our app **Taher Food4Life®**



[www.taher.com](http://www.taher.com)

Menus are subject to change without notice.