



St. Raphael the Archangel Lunch Menu K-8th

March
2020

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Oven Roasted Brat on a Bun</p> <p>Corn Dog</p> <p>Sauerkraut Garden Salad</p>	<p>3</p> <p>Chicken & Cheese Quesadilla</p> <p>Taco Salad</p> <p>Refried Beans</p>	<p>4</p> <p>Crispy Chicken Nuggets</p> <p>Yogurt Pak with Pretzel Bites</p> <p>Mashed Potatoes Whole Grain Dinner Roll</p>	<p>5</p> <p>French Toast Sticks</p> <p>Chef Salad Whole Grain Dinner Roll</p> <p>"Fryer Bob" Breakfast Potatoes Chocolate Chip Muffin</p>	<p>6</p> <p>Fish Sandwich</p> <p>Parlor Cheese Pizza</p> <p>Macaroni & Cheese</p>
<p>9</p> <p>Hamburger on Whole Grain Bun</p> <p>Beef Hotdog on Whole Grain Bun</p> <p>Baked Beans Homemade Brownie</p>	<p>10</p> <p>Lasagna Rollup with Sauce Garlic French Toast</p> <p>BBQ Rib Sandwich</p> <p>Caesar Side Salad</p>	<p>11</p> <p>Italian Meatball Sub</p> <p>Ham Deli Sandwich</p> <p>California Blend Vegetables</p>	<p>12</p> <p>Breakfast Burrito</p> <p>Waffles</p> <p>Bacon Potato Wedges</p>	<p>13</p> <p>Cheese Pizza</p> <p>Tuna & Cheese Melt</p> <p>Garlic & Herb Broccoli</p>
<p>16</p> <p>Stromboli</p> <p>Honey Mustard Ham Wrap</p> <p>Garden Peas</p>	<p>17 St. Patrick's Day</p> <p>Shepherd's Pie Whole Grain Dinner Roll</p> <p>Cheesy Flatbread</p> <p>Chocolate Chip Cookie</p>	<p>18</p> <p>Crispy Chicken Tenders</p> <p>Turkey BLT Salad</p> <p>Kettle Potato Chips</p>	<p>19</p> <p>Breakfast Pizza</p> <p>Biscuits & Gravy</p> <p>"Fryer Bob" Tator Tots</p>	<p>20</p> <p>Grilled Cheese</p> <p>Baja Fish Tacos</p> <p>Tomato Soup</p>
<p>23</p> <p>Hamburger on Whole Grain Bun</p> <p>Southwest Chicken Salad</p> <p>Garlic Parmesan Roasted Potatoes</p>	<p>24</p> <p>Soft Beef Tacos</p> <p>Chicken Caesar Salad Garlic Toast</p> <p>Mexican Brown Rice</p>	<p>25</p> <p>Popcorn Chicken Bowl</p> <p>Salisbury Steak</p> <p>Mashed Potatoes Gravy Whole Grain Dinner Roll</p>	<p>26</p> <p>Ham, Egg & Cheese on Bagel</p> <p>Turkey Deli Sub Sandwich</p> <p>"Fryer Bob" French Fries</p>	<p>27</p> <p>NO School</p>
<p>30</p> <p>No School</p>	<p>31</p> <p>No School</p>			 <p>Choose MyPlate gov</p>

INFORMATION	Elementary	\$3.50
	Middle School	\$4.00
	Adult	\$4.00
	Extra Milk	\$0.50
	Extra Entree	\$2.50

EXTRA INFO

Milk Choice of 1% White or chocolate Skim is included with lunch. Entree salads are served with a dinner roll. For questions or comments, contact Renay Allison at taher@srparish.org



Your **MENU** plus more information on our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.